

The Meter Setter



Committed to Fitness

Quality products and customer service are integral to any company or organization, but at The Ford Meter Box Company, quality doesn't stop there. Ford Meter Box is also dedicated to the quality of employee health and wellness. That's why Ford has its own on-site Health Club with walking track and exercise equipment.

The Health Club was dedicated on April 26, 1980 in memory of Stan Ford, who valued health and wellness and enjoyed sports. He envisioned a space in the factory that would promote the same dedication to taking care of the body through physical fitness.

Most of the exercise equipment in the Health Club was purchased through the Employees' Association, a group which sets aside much

of its income (profits from factory vending machines) for the purchase and maintenance of Health Club equipment.

To encourage regular exercise, the Health Club has 24-hour availability for Ford employees and their families. As additional incentive, Ford organizes fitness programs and educational seminars throughout the year by which, upon completion, employees receive special benefits.

President John F. Kennedy acknowledged the importance of health and wellness. His words are displayed on the Health Club wall and affirm Ford's commitment to fitness: "Physical fitness is not only one of the most important keys to a healthy body, it is the basis of dynamic and creative intellectual activity."

